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வெளிநாட்டு வளங்கள் திணைக்களம்
Department of External Resources

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நிதி அமைச்சு
செயலகம் (3 ஆம் மாடி), த. பெ. இல. 277, கொழும்பு 00100, இலங்கை
Ministry of Finance
The Secretariat (3rd Floor), P.O. Box 277, Colombo 00100, Sri Lanka



Web Site: www.erd.gov.lk

e-mail: info@erd.gov.lk

මගේ අංකය
எனது இல
My No

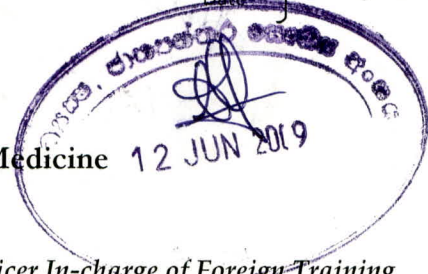
TA/JICA/S/1224

ඔබේ අංකය
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Your No

දිනය
திகதி
Date

10 June 2019

Secretary
Ministry of Health, Nutrition & Indigenous Medicine



Attn: Officer In-charge of Foreign Training

Dear Sir,

'Non-Communicable Diseases (NCDs) Prevention and Control in Remote Island Regions

From: 29 September to 23 October - 2019

The Japan International Cooperation Agency (JICA) has requested us to submit nominations from eligible Government officials of Sri Lanka for the above programme. The GI Booklet and the Application Form submitted by JICA in this regard are enclosed for your information please.

You are kindly requested to submit nominations in line with the required qualifications mentioned in the "Nominee Qualifications" of the GI Booklet submitted by JICA. It is appreciated if you could submit two sets of applications along with the following documents on or before 15 July 2019.

1. The duly filled Application Form for "JICA Knowledge Co-Creation Programme" (**hand written applications will not be accepted**) - Application Form can be downloaded from ERD public website.
2. Copy of the Nominee's English Score Sheet (e.g. TOEFL, TOEIC, IELTS)
3. Job Report - (Refer Page 10 of the attached GI Booklet)
4. Copy of the Passport
5. ERD Form 2 (Original only)

Please note that re-nomination of an official, already trained under a JICA programme will not be qualified for another JICA training programme within five (5) years of such training.

(cont.....p/2)

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பணிப்பாளர் நாயகம்
Director General

94-11-2484693

කාර්යාලය
அலுவலகம்
Office

94-11-2484500
94-11-2484600


ෆැක්ස් අංකය
தொலை நகல்
Fax

94-11-2447633
94-11-2387153
94-11-2434876

Your early response in this regard is highly appreciated.

With regards,

Yours faithfully


L.A.Y. Darshani De Silva
Director / TA Division
for Director General

Copies to: 01. Chief Secretaries }
 All Provincials Councils } for your information



Knowledge Co-Creation Program (Group & Region Focus)

GENERAL INFORMATION ON

NON-COMMUNICABLE DISEASES (NCDs) PREVENTION AND CONTROL IN REMOTE ISLAND REGIONS

課題別研修「島嶼地域における地域保健から学ぶ生活習慣病対策」

JFY 2019

NO. 201984458J002 / ID. 201984458

Course Period in Japan: From September 29, 2019 to October 23, 2019

This information pertains to one of the JICA Knowledge Co-Creation Program (Group & Region Focus) of the Japan International Cooperation Agency (JICA), which shall be implemented as part of the Official Development Assistance of the Government of Japan based on bilateral agreement between both Governments.

'JICA Knowledge Co-Creation (KCC) Program' as a New Start

In the Development Cooperation Charter which was released from the Japanese Cabinet on February 2015, it is clearly pointed out that "In its development cooperation, Japan has maintained the spirit of jointly creating things that suit partner countries while respecting ownership, intentions and intrinsic characteristics of the country concerned based on a field-oriented approach through dialogue and collaboration. It has also maintained the approach of building reciprocal relationships with developing countries in which both sides learn from each other and grow and develop together." We believe that this 'Knowledge Co-Creation Program' will serve as a center of mutual learning process.

**Deadline of A2A3 application in
JICA Sri Lanka office is 18/07/2019**

I. Concept

Background

Out of 56.9 million global deaths in 2016, 71% means 40.5 million were due to Non Communicable Diseases (NCDs). The main NCDs are cardiovascular diseases, cancers, diabetes and chronic lung diseases. The burden of these diseases is rising disproportionately among lower income countries and populations (WHO), and increasing the weight on the control in addition to infectious diseases and MCH issues as double burden.

At UN High-Level Meeting in 2011, it is announced that the need for international cooperation to tackle with those problems. Also agreed that the global community must work together to monitor, reduce exposure to risks, and strengthen health care for people with NCDs. It is adopted the political declaration of the High-Level meeting of the assembly on the prevention and control on Non-communicable Disease annexed to the present resolution.

For what?

This program aims to enhance the community health including countermeasures for NCDs.

For whom?

This program is offered to Ministry of Health, National/Local hospitals and Health center, especially persons who in charge of countermeasures for NCDs.

How?

Participants shall have opportunities to identify approaches and strategies to ensure program effectiveness, enhance community health, and improve the situation for their organizations.

Topics are including;

- 1) Epidemiology: Basic knowledge to understand how to collect useful data and interpret them correctly.
 - 2) Community activities for primary prevention: Health promotion activities, volunteer activities in the community and nutrition counseling.
- Participants will formulate an action plan describing how the participant can understand the course contents and apply them after they go back to home country and discussed among others into their on-going activities in Japan.

II. Description

- 1. Title (Couse-No.): Non-Communicable Diseases (NCDs) Prevention and Control in Remote Island Regions (201984458J002)**
- 2. Course Period in JAPAN:**
September 29 to October 23, 2019
- 3. Target Regions or Countries:**
Antigua and Barbuda, Grenada, Micronesia, Saint Vincent and the Grenadines, Sri Lanka and Vanuatu
- 4. Eligible / Target Organization:**
This program is designed for Ministry of Health, National/Local hospitals and Health center, especially persons who in charge of countermeasures for NCDs.
- 5. Course Capacity (Upper limit of Participants):**
6 participants
- 6. Language to be used in this program:** English
- 7. Course Objective:**
Issues on the NCDs in the island regions will be analyzed, and an action plan for prevention and control of NCDs in your organization for making the best use of knowledge obtained during the course will be formulated.
- 8. Overall Goal:**
Improvement plan will be shared and Implementation system for community health including NCDs will be enhanced.

9. Expected Module Output and Contents:

This program consists of the following components. Details on each component are given below:

Expected Module Output	Subjects/Agendas	Methodology
1) To be able to understand concepts of epidemiology and analyze basic data	(1) The role of epidemiology to prevent and control of Non Communicable Diseases (NCDs)	Lecture Field visit
	(2) The main causes of NCDs (cancer, heart disease, cerebrovascular disease, and diabetes)	Lecture Field visit
	(3) The substantial methods how to collect and analyze epidemiological data	Lecture Exercise
	(4) Actual epidemiologic study in Remote Island Regions to prevent NCDs	Lecture Field visit
2) To be able to understand measures for data utilization on health sector (planning of health policies, monitoring and evaluation)	(1) The methods of healthcare policy, planning, motioning evaluation	Lecture Field visit
3) To be able to explain the importance of community health including countermeasures of NCDs in remote Island regions	(1) Overall community health system	Lecture
	(2) Community health system in Remote Island Regions	Lecture Field visit
	(3) Health activities led by local administration in Remote Island Regions	Lecture Field visit Exercise
	(4) Promotion of dietary habit improvement and food education	Lecture Field visit Exercise
	(5) Promotion of exercise, using local resources (Thalassotherapy, local dance, etc.)	Lecture Field visit Exercise
	(6) Volunteer activities in communities	Lecture Discussion
4) To be able to explain strong point and issues in community health including NCDs' countermeasures in your country or area you are in charge	(1) Exercise in problem tree method for problem analysis	Lecture Exercise
	(2) Information sharing among participants' countries	Discussion
5) To consider the plan to improve the service in your organization	(1) Presentation on Job Report	Presentation
	(2) Preparation on Action Plan	Exercise Discussion
	(3) Presentation on Action Plan and exchange views	Presentation Discussion

<Structure of the program>

Topic outline (subject to minor changes)

1st week

- (1) History of prevalence and countermeasures of NCDs in Japan
- (2) Presentation on Job Report and discussion on the current situation of respective countries
- (3) Characteristics, diagnosis, and treatment of NCDs (heart disease, cerebrovascular disease, and diabetes) and their preventable risk factors
- (4) Cancer control in Japan
- (5) Exercise in problem tree method
- (6) The role of epidemiology to prevent and control of NCDs
- (7) The substantial methods how to collect useful data and interpret them correctly
- (6) Visit: Actual activity on diabetes control in a local hospital
- (7) Visit: Food education at an elementary school

2nd week

- (1) Health promotion activity using local resources of Remote Island Regions
- (2) Epidemiologic Study in Remote Island Regions
- (3) Nutrition control in low- and middle-income countries
- (4) Exercise of calorie intake estimation
- (5) Promotion of exercise, using local resources (Thalassotherapy and local dance)
- (6) The role of local volunteer for dietary habit improvement and food education
- (7) Countermeasure of NDCs and primary prevention in Remote Island Regions
Visit: local government
- (8) History of countermeasures of NDCs, and healthcare policy, planning, motioning evaluation at prefecture level
Visit: prefectural government

3rd week

- (1) Preparation and discussion for settling action plan
- (2) Presentation on Action Plan and exchange views
- (3) Monitoring/Evaluation of the current course

III. Conditions and Procedures for Application

1. Expectations from the Participating Organizations:

- (1) This program is designed primarily for organizations that intend to address specific issues or problems identified in their operation. Participating organizations are expected to use the project for those specific purposes.
- (2) This program is enriched with contents and facilitation schemes specially developed in collaboration with relevant prominent organizations in Japan. These special features enable the project to meet specific requirements of applying organizations and effectively facilitate them toward solutions for the issues and problems.

2. Nominee Qualifications:

Applying Organizations are expected to select nominees who meet the following qualifications.

(1) Essential Qualifications

- 1) Current Duties: be an administrative official in National/local governments (including a staff in local health center) who in charge of countermeasures for NCDs.
- 2) Experience in the relevant field: have more than 5 years' experience in the field.
- 3) Educational Background: be a graduate of university
- 4) Language: have a competent command of spoken and written English which is equal to TOEFL iBT 100 or more (This workshop includes active participation in discussions, which requires high competence of English ability. Please attach an official certificate for English ability such as TOEFL, TOEIC etc, if possible)
- 5) Health: must be in good health, both physically and mentally, to participate in the Program in Japan. Pregnant applicants are not recommended to apply due to the potential risk of health and life issues of mother and fetus.

(2) Recommendable Qualifications

- 1) Expectations for the Participants: Basic PC skill (Word, Excel, Power Point).
- 2) Age: be under fifty (50) years
- 3) Gender Consideration: JICA is promoting Gender equality. Women are encouraged to apply for the program.

3. Required Documents for Application

(1) **Application Form:** The Application Form is available at **the JICA office (or the Embassy of Japan)**.

* If you have any difficulties/disabilities which require assistance, please specify necessary assistances in the Medical History(1-(d)) of the application forms. It may allow us (people concerned in this course) to prepare better logistics or alternatives.

(2) **Photocopy of passport:** to be submitted with the application form, if you possess your passport which you will carry when entering Japan for this program. If not, you are requested to submit its photocopy as soon as you obtain it.

*Photocopy should include the followings:

Name, Date of birth, Nationality, Sex, Passport number and Expire date.

(3) **Job Report:** to be submitted with the application form. This is necessary documents for screening of an applicant and an applicant is required to submit his/her Job Report with the Application form. Each participant will be required to have presentation his/her Job Report in approximately 10 minutes in an early stage of training.

(4) **Nominee's English Score Sheet:** to be submitted with the application form. If you have any official documentation of English ability. (e.g., TOEFL, TOEIC, IELTS)

4. Procedures for Application and Selection:

(1) **Submission of the Application Documents:**

Closing date for applications: **Please inquire to the JICA office (or the Embassy of Japan)**.

(After receiving applications, the JICA office (or the Embassy of Japan) will send them to the JICA Center in JAPAN by July 26, 2019).

(2) **Selection:**

After receiving the documents through proper channels from your government, the JICA office (or the embassy of Japan) will conduct screenings, and then forward the documents to the JICA Center in Japan. Selection will be made by the JICA Center in consultation with concerned organizations in Japan. *The applying organization with the best intention to utilize the opportunity of this program will be highly valued in the selection.* Qualifications of applicants who belong to the military or other military-related organizations and/or who are enlisted in the military will be examined by the Government of Japan on a case-by-case basis, consistent with the Development Cooperation Charter of

**Deadline of A2A3 application in
JICA Sri Lanka office is 18/07/2019**

Japan, taking into consideration their duties, positions in the organization, and other relevant information in a comprehensive manner.

(3) Notice of Acceptance

Notification of results will be made by the JICA office (or the Embassy of Japan) not later than August 29, 2019.

5. Conditions for Attendance:

- (1) to strictly adhere to the program schedule.
- (2) not to change the program topics.
- (3) not to extend the period of stay in Japan.
- (4) not to be accompanied by family members during the program.
- (5) to return to home countries at the end of the program in accordance with the travel schedule designated by JICA.
- (6) to refrain from engaging in any political activities, or any form of employment for profit or gain.
- (7) to observe Japanese laws and ordinances. If there is any violation of said laws and ordinances, participants may be required to return part or all of the training expenditure depending on the severity of said violation.
- (8) to observe the rules and regulations of the accommodation and not to change the accommodation designated by JICA.

IV. Administrative Arrangements

1. Organizer:

- (1) Name: JICA KYUSHU
- (2) Contact: kictp@jica.go.jp

2. Implementing Partner:

- (1) Name: Kagoshima University Graduate School of Medical and Dental Sciences
- (2) URL: <http://www2.kufm.kagoshima-u.ac.jp/en/>

3. Travel to Japan:

- (1) **Air Ticket:** The cost of a round-trip ticket between an international airport designated by JICA and Japan will be borne by JICA.
- (2) **Travel Insurance:** Coverage is from time of arrival up to departure in Japan. Thus traveling time outside Japan will not be covered.

4. Accommodation in Japan:

JICA will arrange the following accommodations for the participants in Japan:

JICA Kyushu Center (JICA Kyushu)

Address: 2-2-1 Hirano, Yahatahigashi-ku, Kitakyushu-shi, Fukuoka 805-8505, Japan

TEL: +81-93-671-6311 FAX: +81-93-671-0979

(where "81" is the country code for Japan, and "93" is the local area code)

If there is no vacancy at JICA KYUSHU, JICA will arrange alternative accommodations for the participants.

While you stay in Kagoshima, hotels are provided as accommodations.

<https://www.jica.go.jp/kyushu/english/office/c8h0vm0000a0cdx5-att/kyushu01.pdf>

5. Expenses:

The following expenses will be provided for the participants by JICA:

- (1) Allowances for accommodation, meals, living expenses, outfit, and shipping
 - (2) Expenses for study tours (basically in the form of train tickets.)
 - (3) Free medical care for participants who become ill after arriving in Japan (costs related to pre-existing illness, pregnancy, or dental treatment are not included)
 - (4) Expenses for program implementation, including materials
- For more details, please see "III. ALLOWANCES" of the brochure for participants titled "KENSU-IN GUIDE BOOK," which will be given before departure for Japan.

6. Pre-departure Orientation:

A pre-departure orientation will be held at the respective country's JICA office (or Japanese Embassy), to provide participants with details on travel to Japan, conditions of the workshop, and other matters.

V. Other Information

1. Job Report

As written in the "3. Required Documents to be submitted", each applicant is required to submit his/her own Job Report, using Power Point format. Participants will have a presentation of his/her Job Report at the earlier stage of the training in order to share knowledge and background with other participants as well as instructors. Accepted participants have to resubmit the softcopy of the updated Report at the arrival in Japan for the presentation.

If participants possessed any items below, please attach them to his/her Job Report.

- (1) Health education tool for local residents (booklet, brochure, etc.)
- (2) Epidemiological data on the district that participants are in charge.

2. Action Plan

Participants are required to make an Action Plan at the end of the training to express idea and plan, which you carry out after you return, reflecting the knowledge and method you acquire from the training. Each person is requested to give a presentation. A laptop computer is recommended as an item to bring for preparation of action plan.

3. Certification

Participants who have successfully completed the course will be awarded a certificate by JICA.

4. Items to bring

- (1) A few days short trip to remote areas in Kagoshima prefecture by flights are included. A travel bag separate from your suitcase for short trip is recommended as an item to bring.
- (2) Participants will attend exercise class for local residents. Cloths and shoes suitable for exercise are recommended as items to bring.

5. Remarks

This training is designed for the purpose of acquiring the knowledge and the techniques of Japan, NOT for a specific participant's country. Participants are kindly requested to understand the differences and not to insist on the techniques of their countries.

VI. ANNEX:

Non-Communicable Diseases (NCDs) Prevention and Control in Remote Island Regions (JFY2019)

Job Report

NOTE:

- (1) The report should be **typewritten in English, using Power Point format**, and total pages of the report must be limited to 15 slides.
- (2) Each participant is requested to have a **presentation in 10 minutes**, in early stage of the program based on this Job Report.
- (3) The report should be included information below;
 - ① Top 10 leading causes of death and their chronological change in your country
 - ② Recent prevalence of obesity, hypertension, diabetes, smoking rate, and screening of hypertension, diabetes and selected cancer sites.
 - ③ Possible background reasons for increasing NCDs among general population
 - ④ Problems and/or tasks that YOUR ORGANIZATION has in terms of NCDs. (Please put an organization chart.)
 - ⑤ Problems and/or tasks that YOU have in terms of NCDs and the possible reasons of those problems.
 - ⑥ What do you want to achieve through participation to the course.

For Your Reference

JICA and Capacity Development

The key concept underpinning JICA operations since its establishment in 1974 has been the conviction that “capacity development” is central to the socioeconomic development of any country, regardless of the specific operational scheme one may be undertaking, i.e. expert assignments, development projects, development study projects, training programs, JOCV programs, etc.

Within this wide range of programs, Training Programs have long occupied an important place in JICA operations. Conducted in Japan, they provide partner countries with opportunities to acquire practical knowledge accumulated in Japanese society. Participants dispatched by partner countries might find useful knowledge and re-create their own knowledge for enhancement of their own capacity or that of the organization and society to which they belong.

About 460 pre-organized programs cover a wide range of professional fields, ranging from education, health, infrastructure, energy, trade and finance, to agriculture, rural development, gender mainstreaming, and environmental protection. A variety of programs are being customized to address the specific needs of different target organizations, such as policy-making organizations, service provision organizations, as well as research and academic institutions. Some programs are organized to target a certain group of countries with similar developmental challenges.

Japanese Development Experience

Japan was the first non-Western country to successfully modernize its society and industrialize its economy. At the core of this process, which started more than 140 years ago, was the “*adopt and adapt*” concept by which a wide range of appropriate skills and knowledge have been imported from developed countries; these skills and knowledge have been adapted and/or improved using local skills, knowledge and initiatives. They finally became internalized in Japanese society to suit its local needs and conditions.

From engineering technology to production management methods, most of the know-how that has enabled Japan to become what it is today has emanated from this “*adoption and adaptation*” process, which, of course, has been accompanied by countless failures and errors behind the success stories. We presume that such experiences, both successful and unsuccessful, will be useful to our partners who are trying to address the challenges currently faced by developing countries.

However, it is rather challenging to share with our partners this whole body of Japan’s developmental experience. This difficulty has to do, in part, with the challenge of explaining a body of “tacit knowledge,” a type of knowledge that cannot fully be expressed in words or numbers. Adding to this difficulty are the social and cultural systems of Japan that vastly differ from those of other Western industrialized countries, and hence still remain unfamiliar to many partner countries. Simply stated, coming to Japan might be one way of overcoming such a cultural gap.

JICA, therefore, would like to invite as many leaders of partner countries as possible to come and visit us, to mingle with the Japanese people, and witness the advantages as well as the disadvantages of Japanese systems, so that integration of their findings might help them reach their developmental objectives.



CORRESPONDENCE

For enquiries and further information, please contact the JICA office or the Embassy of Japan. Further, address correspondence to:

JICA Kyushu International Center (JICA KYUSHU)

Address: 2-2-1 Hirano, Yahatahigashi-ku, Kitakyushu-shi, Fukuoka, 805-8505, Japan

TEL: 81-93-671-6311 FAX: 81-93-663-1350